



The NFCC e-Express



People Helping People to Help Themselves

February 2009

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Would you like to be a NFCC Volunteer?

Contact:

Karen Rupp

at

krupp@nfcchelp.org

or call

(770) 640-0399 x230

Thrift Shop Hours

M,W-Sat. 10:00-5:00

Tues. 10-7:30

Volunteers and Bargain Hunters Welcome!

Join Our
Mailing List

Food Pantry Needs



Diapers size 4,5,6
All Toiletries
Paper Products
Powdered Laundry Detergent
Quart size Zip Lock Bags

Angels in Training



An elementary youth group of Northbrook United Methodist Church worked hard to break down 50 pound bags of rice into 1 lb zip lock bags. The group appropriately called "Angels in Training" delivered the bagged rice to the Food Pantry. This is one of many project ideas for children too young to volunteer on site at NFCC.

For other ideas, contact Volunteer Coordinator Karen Rupp at krupp@nfcchelp.org.

Roswell Women's Club 2009



Roswell Women's Club 2009 Showcase Home will be open March 8-29. Funds raised by this popular event support local charities including NFCC. For more information:

[Website](#)

Valentine's Day is this week and I want to share with you a Valentine that NFCC received.

Hello ,

My name is Souleymane . . .

I writing this letter to thank NFCC for giving assistance to the people in need. I was saved a couple of time by NFCC and I wish God Bless all the people involve in this great work. Souleymane and Erika



It seems that every day there is more bad news about the economy. More people out of work, more foreclosures, more businesses closing, more . . .more . . . more. Yet our mail still brings your blessings and food and other donations continue to arrive daily.

We want to be sure you understand how important your help is to our neighbors in need. In January we set more frightening records. 1,610 different families came to NFCC for help. 212 of these families were requesting help for the very first time. We gave out food 2,107 times (106 times every day). 652 families requested financial help and NFCC spent \$99,684 paying rent, utility and other basic bills for families in financial trouble.

Some days we get so busy we forget to say thank you. Souleymane's letter says it so well. We join Souleymane and Erika and ask God to bless "all the people involve[d] in this great work." Thank you.

Barbara S. Duffy
Executive Director

Meet our Neighbor

Larry was referred to NFCC for financial assistance by his church. He and his wife Rhonda were both in the mortgage lending business. He lost his job several months ago and she is about to lose hers. They are embarrassed to be asking for help. They are current with their mortgage but have disconnect notices on both their electric and gas bills. NFCC paid the two utility bills and referred Larry for the federal energy assistance program. The caseworker also encouraged the couple to participate in the job networks hosted by a number of our church partners. Networking is the best way to keep up one's spirits and motivation. We remind families like Larry and Rhonda that "Looking for work is the hardest job you will ever have."



Caring People Find ways to Help

By Bebe Nicholson, Thrift Shop Manager



With so much negative publicity about corporate greed, Wall Street scandals and joblessness, it is uplifting to see daily evidence of generosity and kindness in the NFCC Thrift Shop. The other day a customer paid \$20 for \$10 worth of merchandise. "Keep the change and apply it to someone's purchase," she instructed. "I want to help someone buy something they can't afford."

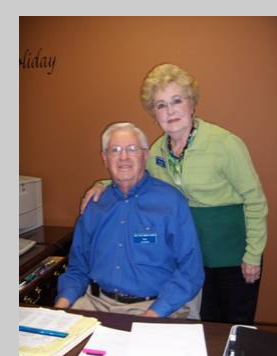
Later in the day one of our clients, a woman whose cheerful smile disguises the truth that she suffers from a debilitating illness and struggles to take care of two young children, came to the checkout counter. When she realized she only had \$10 to pay for \$20 worth of household items and dishes, she tried to hide her disappointment. Sadly, she began to put a set of pretty, colorful plates back in her shopping cart.

"It's okay, you can afford the plates today," I told her. "Someone else has paid your bill." A look of total joy transformed this mother's face. You would have thought Christmas had come again in January.

Twice since then, several customers have given extra money to help someone else buy something. This, along with the donations of food and clothing that continue to come in, has renewed my faith that kind and caring people will always find ways to be generous and help others, even during hard times.

Meet Volunteers Bob and Mary Ann

Mary Ann Cox came to volunteer with a group from North Point Community Church in 2007 during the church "Be Rich Campaign" and soon became a regular Thrift Shop volunteer. Bob spent many years on staff at North Point Community Church with responsibility for the Care Ministry. After he retired Bob found he had too much time on his hands and Mary Ann convinced him to come volunteer at NFCC with her. At first they worked together in the Thrift Shop, then Bob joined the volunteers in the Food Pantry. Recently Bob has been assisting Karen Rupp with updating our contacts at local grocery stores and restaurants.



Food Pantry News

We have dozens and dozens of volunteers who regularly pick up bread, bakery, produce and other foods or restaurant recovered food and deliver it to NFCC. Our walk in cooler/freezer is often brimming with nourishing food that is given out to families along with the canned and dry food. Currently we pick up at area Krogers, Publix, Super Target, Fresh Market, Trader Joes, Pizza Hut, Kentucky Fried Chicken, Longhorn, Olive Garden, Little Ceasar, Cheesecake Factory, Starbucks, Einstein Bagels and Panera Bread. If you know of a restaurant contact that may be interested in being part of this recovered food program, please contact Karen Rupp @ krupp@nfcchelp.org

Many thanks to all the participating stores, restaurants and volunteers who make this program possible.

Warming Up North Fulton



The 5th Grade students at Holy Redeemer Catholic School collected 8 car loads of new and used blankets. NFCC case workers gave the new blankets out during one extra cold week in January. By the end of the cold spell all of the donated blankets were keeping someone warm in North Fulton.

Calabash

NFCC is gearing up for the annual Calabash Cotillion. The Jesters will be back from Athens to entertain with their famous rhythm and blues music, with horns aplenty! The event on Saturday, March 7, features a Calabash-style buffet, live and silent auctions, followed by shagging the night away with some oldies but goodies!

Bill Gaines, news anchor with CBS/46 will be Master of Ceremonies with Dr. Bill Russell and our own Milton Crabapple, Hal Coleman, managing the live auction. Auction items include:

- A weekend getaway to Savannah
- Indianapolis 500 Tickets
- Private event for 12 at the Salud Cooking School

Casual attire is in order for this event. Co-Chair Don Rolader says, "Coats and ties are banned and socks are optional!" To join the fun, contact Vonda Malbrough, Director of Development for NFCC at 770-640-0399 x 215 or vmalbrough@nfcchelp.org.

Our Mission

North Fulton Community Charities' mission is to prevent homelessness in North Fulton by supporting families in their home during short-term emergencies. By pooling the resources of local religious, business, and civic groups and individuals, NFCC assists families with rent, utilities, transportation, food, clothing, medicine, and other basic needs. NFCC also coordinates special assistance to families during the holidays and matches volunteers with projects.

For more information on North Fulton Community Charities please contact:

Barbara Duffy
Executive Director
North Fulton Community Charities
11270 Elkins Road
Roswell, GA 30076
Phone: 770.640.0399
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Email: bduffy@nfcchelp.org

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