



The NFCC e-Express



People Helping People to Help Themselves

June 2008

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Wanted: Volunteers

Openings in all areas of NFCC:

Thrift Shop



Food Pantry



Office



Contact:
Karen Rupp
at
krupp@nfcchelp.org
or call
(770) 640-0399 x230

NFCC Thrift Store Facts

The Thrift Shop is open to the public.

Come shop with us. New treasures arrive daily. Bargain hunters are welcome.

Money you spend in the Thrift Shop offsets operating expenses of NFCC.

NFCC clients get vouchers to shop for clothing. Value of goods given away in 2007=\$191,495

The Thrift Shop was started in 1968 by volunteers from local churches (aka The Clothes Closet.)

Pick up service is available for furniture and large items. Call 770-640-0399 x 217.

NFCC Food Pantry Facts

NFCC provides food to 85 families every day

Volunteers pack 255 bags of food each day

NFCC gives out 3 tons of food per week

The most requested non-food item is baby diapers

Volunteers pick up day-old bread and surplus food from dozens of local grocery stores and restaurants.

NFCC's cooler/freezer can hold 150 gallons of milk and 300 frozen turkeys

Join Our Mailing List

NFCC Volunteers

Volunteers log 1,000s of hours on-site every month

Volunteers staff the Food Pantry, Thrift Shop, Client Intake Desk and Special Programs

Volunteers 16 & up are needed. 13-15 may volunteer with an adult.

Regular shifts & drop-in opportunities available.

Group projects available.

Volunteer Info:
Karen at krupp@nfcchelp.org

Spiraling Need

School's out, summer has begun, and the need for food and financial assistance is increasing at an alarming rate. At a time when many North Fulton families are making travel plans, our clients are home struggling with an increased food bill and day care expenses for children who are in school during the rest of the year.



The recent increase in the cost of food and gasoline added to an economy reeling from the housing crisis and lingering drought that has devastated many local family budgets. NFCC has seen a steady increase in the number and frequency of families requesting food assistance. In May, 21% more families came for food help as compared to May of 2007. Hand in hand with an increase in the need for food there has been an equally dramatic rise in financial and clothing assistance. Over the last two months, NFCC met financial needs at a level that is 26% higher and we have distributed 24% more free clothing than in the same period just a year ago.

It is during these difficult times when we most appreciate our North Fulton friends like you for your help and support.

In this issue, you will meet two families in need and a great volunteer, hear about preparations for the upcoming women's golfing event and the Greater North Fulton Chamber of Commerce food drive next week.

Thanks for letting NFCC into your busy day.

Barbara S. Duffy

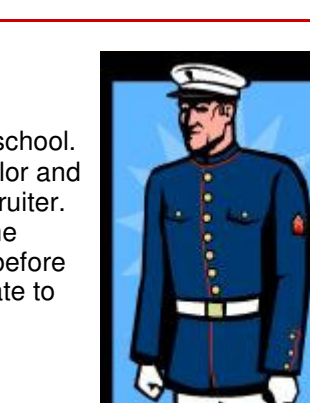
Meet NFCC Volunteer: Veronica Baswell

Veronica Baswell is regular volunteer from St. Brendan's Church. She works in the Food Pantry every Monday and Wednesday morning and has been volunteering with us for two years. Last month she was the lead volunteer at the Webb Bridge Post Office when we assisted the mail carriers with food donations collected during the "Stamp out Hunger Drive" in May. Thank you so much Veronica for all of the time you donate to NFCC as a volunteer.



Meet our Neighbor....Jay

Jay, came in for assistance with summer school. He was referred to us by his school counselor and accompanied today by his U. S. Marine recruiter. He had enlisted in the Marines but failed one course. He needs to complete the course before he can join the "corp". NFCC did not hesitate to help. Best of luck, Jay. You do us proud!



Help Support the Annual Greater North Fulton Chamber Food Drive



GNFCC is sponsoring a food drive to stock the pantry shelves of North Fulton Community Charities and the Community Action Center of Sandy Springs from June 17-19. The ambitious goal is to collect 20 tons of food. To reach this goal, GNFCC is asking the community to participate.

Critically needed items are cereals, juices, canned fruits, vegetables, soups, canned meats and fish, stews, pastas, sauces, peanut butter, jellies, crackers and baby diapers (sizes 5 & 6), etc. Non-perishable items only. No glass containers, please.

Businesses all over North Fulton will have collection boxes on site to receive your gifts of food. Check the Chamber website for participating businesses.

[Click for Food Drive Info](#) For more information, email Kendra Plotkin at kplotkin@gnfcc.com



A Thank You letter from Maria for the donation of a car:

"Thank you so much for your generosity of giving me and my family this car. This car changes my life in so many good ways and will make life easier because being a single mother with four children, one of them being a 6 month old baby girl that for her I go walk far away at 6:10 in the morning in the dark to take her to the babysitter and then take the MARTA bus to work. Another child of mine, a 19 year old handicap boy, always has appointments and the only way to get there is on bus or a cab, but I've never had enough money to buy a car of my own. All of my children are thankful because they say that now we can go out to places together without it having to cost \$20 of a cab. Thank you so much once again and I hope that God will always bless you and your family.

Maria and family"

Wanted Working Automobiles: NFCC accepts donations of vehicles and cars in running condition and gives them to families in need. Cars are given away and not sold. Therefore, the donor can take the full Private Party value of the car as a tax donation.



Plans are moving along for the annual Grip, Rip & Score 18-hole women's golf tournament which will be held on Monday, July 21, 2008 at the Country Club of Roswell with our returning co-chairs Winanne Sutherland and Vicki Connelly. This event will host over 100 women golfers, with proceeds benefiting NFCC.

For information on sponsorships or to enter the event (\$100 per player), please call Vonda Malbrough at 770.640.0399 x215 or via [Email](#). *Space is limited.*

Stamp Out Hunger - A Great Success



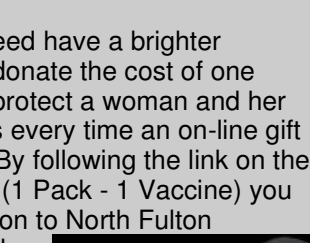
North Fulton community...you did it again. On Saturday, May 10, the National Association of Letter Carriers sponsored the 16th annual Stamp Out Hunger national food drive. This year's Stamp Out Hunger food drive collected 15 tons of food for NFCC (30,050 pounds). Thanks to the Local Carriers from Crossville, Eves Road, Old Milton, and Webb Bridge, the many NFCC volunteers who crated and moved the

food and all of you who participated in this drive. Pictured are NFCC volunteers Tom Saur (left) and Chuck Furstenuau.

One Purchase, Two Donations



You can help babies in need have a brighter tomorrow! Pampers will donate the cost of one vaccine to help UNICEF protect a woman and her newborns against tetanus every time an on-line gift certificate is purchased. By following the link on the pampers.com homepage (1 Pack - 1 Vaccine) you can make a diaper donation to North Fulton Community Charities, and provide tetanus vaccines to pregnant women through UNICEF. You'll have the



option of choosing from a one week supply of diapers to up to two year supply of diapers. Help support NFCC with a much needed item for many clients, and help UNICEF at the same time.

Upcoming Events

Back to School Fair
Saturday, August 9
Bookbags & School Supplies needed

Roswell Rise 'n Run
September 9, 2008
5k Run, 1k Walk

NFCC's on E-Bay

Check out our new listings on e-bay Antique tools: item #120269074650

Our Mission

North Fulton Community Charities' mission is to prevent homelessness in North Fulton by supporting families in their home during short-term emergencies. By pooling the resources of local religious, business, and civic groups and individuals, NFCC assists families with rent, utilities, transportation, food, clothing, medicine, and other basic needs. NFCC also coordinates special assistance to families during the holidays and matches volunteers with projects.

For more information on North Fulton Community Charities please contact:

Barbara Duffy
Executive Director
North Fulton Community Charities
11270 Elkins Road
Roswell, GA 30076
Phone: 770.640.0399
Fax: 770.640.9220
Email: bduffy@nfcchelp.org

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